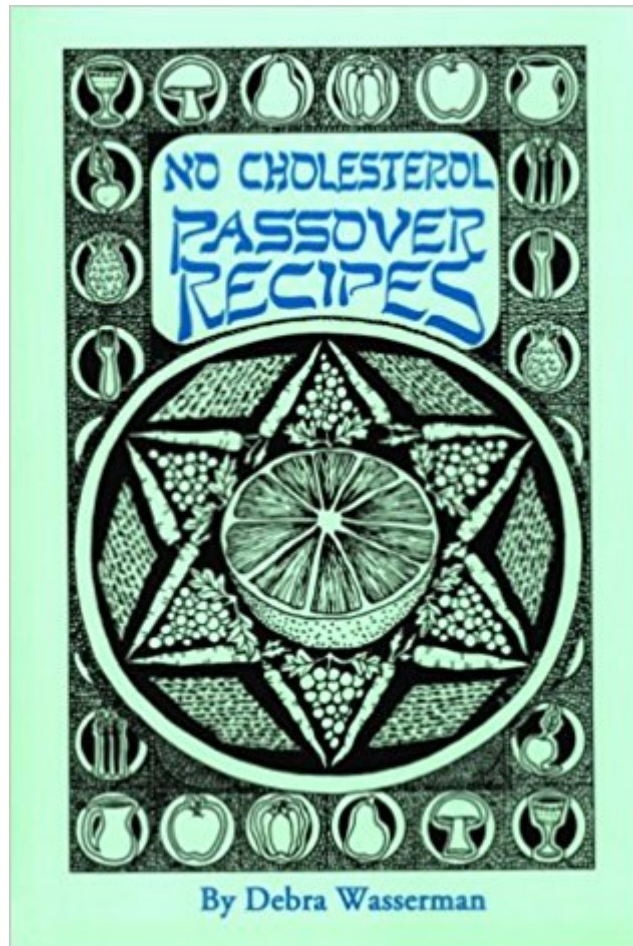




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No Cholesterol Passover Recipes



Synopsis

Book by Wasserman, Debra

Book Information

Paperback: 96 pages

Publisher: Vegetarian Resource Group; Revised edition (July 1995)

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Customer Reviews

Book by Wasserman, Debra

I bought this a couple of years ago as I was invited to a friend's seder (she is not vegetarian and thought I just had a repertoire of recipes at hand that i could make and I was stumped--not soy, no beans, no bread, no corn, etc) I just didn't know what to make or bring.....this book was not only a great help, but the recipes are awesome! First, the macaroon recipes are so easy and delicious...I make them year round!!! I also have incorporated the stuffed cabbage recipe into my menu rotation as it is just that yummy! All of the dishes I have made have been awesome and I will be preparing several this year as I am going to another seder--this year it will be the vegetable nut loaf, vegan chopped "liver", baked stuffed zucchini, and potato knishes (they come out really awesome....never made others, actually),and for dessert--the macaroons and also sweet potato-pineapple pie (with pie crust that is quite tasty!) I saw that this book had a negative review and I am puzzled as to why...I find this book to be excellent--especially when you are stumped about what to make on Passover with all the limits on food (no beans, tofu, soy, corn, flour, peanuts, and so on...)

Passover is a difficult holiday for vegans to begin with, but this cookbook is a small collection of

rather boring, bland recipes. I look to it every Passover, hoping to find something interesting to eat, but I never do. Maybe the trick is to make stuff from it towards the end of Passover, when you're so hungry that just about anything will seem tasty.

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